

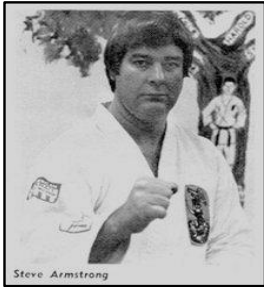









SAFETY FIRST PERSONAL PROTECTION STRATEGIES

A Washington Nonprofit Corporation - 2550 Yakima Ave S #B - Tacoma WA 98405

			 <small>Steve Armstrong</small>			一心流空手道	
SCHEDULE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM to Noon	OPEN FOR USE	OPEN FOR USE	OPEN FOR USE	OPEN FOR USE	OPEN FOR USE	3rd Week TSE Serrada 10:30 - 11:30	MMA Workout By Invitation Only
Noon to 5:00 PM						Other Events are as Scheduled	Other Events are as Scheduled
5:00 PM - 6:00 PM	Safety First PPS Administration						
6:00 PM - 6:30 PM	Under 7 yrs old DRAGONFLY 				Under 7 yrs old DRAGONFLY 		
6:30 PM - 7:30 PM	ISSHINRYU KARATE	ISSHINRYU KARATE	7:00 PM - 8:00 PM	ISSHINRYU KARATE	ISSHINRYU KARATE	 SafetyFirstPPS.org info@safetyfirstpps.org 253.242.3601	
7:30 PM - 8:30 PM	All Age & Belt Ranks (2 Hours)		BLACK BELT KATA WORKOUT		All Age & Belt Ranks (2 Hours)		